About Holy Cross Hospital

Holy Cross Hospital, a 298-licensed bed community hospital, provides inpatient and outpatient medical, surgical, intensive, emergency, labor and delivery, rehabilitation, behavioral health, and primary care services, as well as hospice and palliative care services operated by Seasons. Its Emergency Department delivers comprehensive care for a broad range of critical and urgent medical needs.

Holy Cross Hospital works closely with area churches, schools, institutions and organizations to build strong, safe and healthy communities.

Sponsored by the Sisters of St. Casimir since 1928, Holy Cross Hospital follows the United States Conference of Catholic Bishops Ethical and Religious Directives for Catholic Healthcare.
The Family Birth Center is designed to optimize your comfort, safety and options as you welcome your newest loved one. Conveniently located on the sixth floor of Holy Cross Hospital, our birth center is equipped with the following:

- Secured and locked unit for the security of your newborn
- 24-hour in-house obstetrical coverage
- 24-hour in-house neonatology coverage
- 24-hour in-house anesthesia coverage
- Breastfeeding support
- Free prenatal classes offered monthly
- Highly experienced and dedicated nursing staff
- 2 bed obstetrical triage
- 7 Labor and Delivery birthing suites
- Car seats available for a minimal charge
- Level II special care nursery
- Partnership with University of Illinois - Chicago Perinatal network

Childbirth is a unique experience for every woman, newborn and family. Even in the most ideal circumstances, there are some parts of the experience that can be controlled to a certain extent, while other factors simply cannot be predicted or controlled. And, that’s okay.

At the Family Birth Center, our goals are always to:

- Help you fully understand your options, including potential alternatives;
- Understand your medical and environmental preferences in pain management, labor support, birthing options and postpartum care;
- Create a healthy and nurturing environment that best supports your customized childbirth experience.

At the Family Birth Center, we bring together a team of experts to support you through childbirth. Our team provides care as you prepare for and experience the birth of your newborn.

Our physicians, midwives and nurses offer personalized, understanding care at each stage of pregnancy and childbirth—from your first visit through labor, delivery and your newborn’s first days.

During labor and delivery, our team offers you a wide variety of expertise, from midwives who specialize in natural childbirth to dedicated obstetric anesthesiologists. Our anesthesiology team is available to administer pain medication as needed or requested 24 hours a day, with advanced expertise in epidural labor pain relief.

Once your newborn arrives, our nurses can provide lactation support to help you both get started with healthy breastfeeding practices. Our team offers the same breastfeeding guidance as that of private lactation consultants—before you leave the hospital.