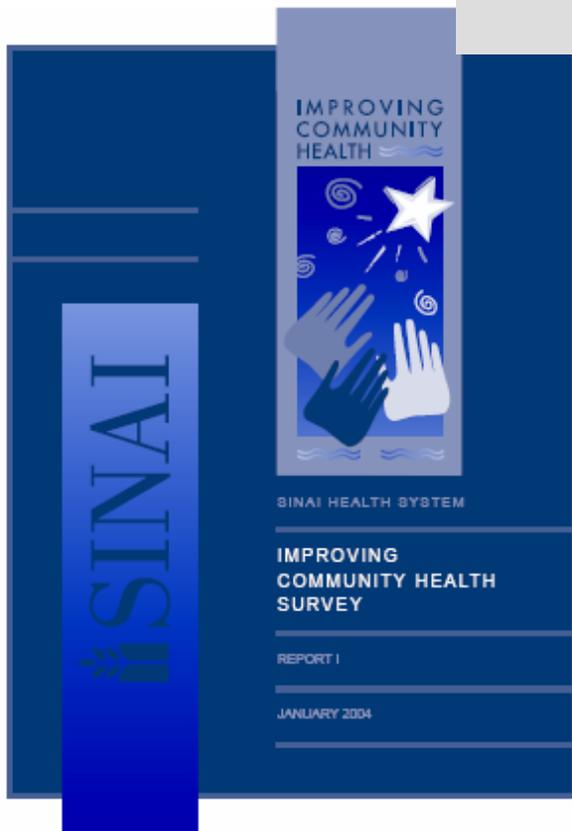


Sinai's  
Improving  
Community  
Health Survey

Progress Report  
to the  
Chicago  
Community Trust  
Grant ID# C2003-00844

May 2005



 SINAI

Urban Health Institute

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**Progress Report to the Chicago Community Trust  
By the Sinai Urban Health Institute**

**May 1, 2005**

Since completion of Sinai's Improving Community Health Survey, we have made considerable progress in utilizing these data to inform efforts at improving health in some of Chicago's most vulnerable communities. This is our first report to the Chicago Community Trust under Grant ID# C2003-00844 in which we describe steps taken towards this goal. The narrative and financial reports enclosed describe work implemented through April 30, 2005.

The Chicago Community Trust grant is invaluable not only to the Sinai Urban Health Institute (SUHI) but also to the Sinai Health System and all those who have benefited from the survey findings. It is consistent with SUHI and its mission to facilitate research, inform public policy, and educate providers for improved health in urban communities. Though it supports the staff time of one epidemiologist, many SUHI researchers and service providers have been involved in dissemination and analyses of the project findings. The results of this grant are thus far more expansive than the efforts of one individual and we hope that this narrative adequately illustrates this picture.

The original proposal outlines our planned work for two years in three main activities: (1) Data Analysis, (2) Dissemination, and (3) the Creation of Effective Interventions and Policies. To evaluate progress made in each area, we present the following narrative report along with the completed Year 1 budget expenses (Appendix 9, Financial Report #1-2). Lastly, we propose plans for the upcoming year and explain how the Year 2 proposed budget reflects these plans (Appendix 9, Financial Report #3).

**1. Data Analysis**



The survey data contains over 613 variables. At the start of the grant about 25% of these data were cleaned, analyzed and summarized. This was a collective effort of several epidemiologists at SUHI. Since then, many more data analyses have been completed and confidence intervals calculated. As significant differences in disease prevalence, particularly for various chronic conditions, were observed, more and more questions arose, requiring further community validation, interpretation and investigation.

Response to the initial data release has been tremendous. Since the start of the project there have been close to 60 data requests, or approximately 5 requests per month.

(See Appendix I for a complete list of data requests.) A few examples are as follows:

- Ray Wang from the North Central District Health Council requested data on health disparities for dissemination to the ministers of the community to develop an action plan.
- Several requests came from Ross Chavez with the Resurrection Project in Pilsen on cancer screening, alternative health care utilizations and insurance coverage, which led to the submission of two grants to the United Way and one to the Aetna Foundation.
- We also received several data requests from the Chicago City and Illinois State Department of Public Health with an interest in our instruments and survey development methodology.
- In fact, interest in the process of completing the survey has also received national attention, since we received inquiries about the survey from the Los Angeles County Department of Health and the Philadelphia Health Management Corporation.
- Most recently, we were asked to provide technical assistance in the administration of a Behavioral Risk Factor Surveillance Survey for the Oak Park local health department.

In-depth analyses of survey results led to the creation of three manuscripts for publication in peer-reviewed journals this past year. The first, published in the Journal of Medical Systems (Aug 2004), presents data for these six communities in the context of existing health status indicators, such as mortality and infectious disease rates. The



second, to appear next month in the American Journal of Public Health, analyzes the smoking prevalence rates for the six Chicago community areas surveyed and raises several policy questions. The third manuscript, also submitted to the American Journal of Public Health, is under review. It examines local area variations in health and demonstrates the importance of local survey data. (All three papers are attached in Appendix 2).

We are also in the process of analyzing data on many other health topics from the survey. Topics selected for analyses are guided primarily by inquiries about Report I and in response to the numerous data requests. Survey topics under investigation include arthritis; extreme obesity; nutrition and diet; access to grocery stores; hypertension; screening for cervical, breast, prostate and colorectal cancer; perception of community violence; and alcohol consumption. Many of these data are being analyzed as part of our plans to publish Report II on the survey data.

In addition to the ongoing SUHI analyses, several researchers from academic institutions have requested we share these data with them for their own investigations. For instance:

- Two doctorate candidates from UIC have also requested the dataset and codebook for their dissertation in examining health related quality of life in the Mexican community and designing an acculturation index for study.
- Data have also been shared with prominent HIV researchers, Sue Curry and Robin Merrmelstein, who plan to do some comparative analysis for program development.

Many students and professors have also expressed an interested in the survey methods and findings. For example:

- We established a memorandum of understanding with the University of Illinois at Chicago (UIC) School of Public Health to utilize the dataset to teach a data analyses class in epidemiology and community health.
- This past month, close to 40 students from Beloit College in Wisconsin visited Sinai because of survey data findings that they had read about online. They were



most fascinated with the disparities data and were eager to learn more about health care delivery in urban populations.

- A student from Miami University in Ohio found our work online, contacted us, and received an Urban Leadership Scholarship to work at the Sinai Health System this summer.

Lastly, further analyses of data resulted from SUHI's involvement in teaching at the Sinai Health System. SUHI members work with the Department of Medicine to provide a research rotation for Internal Medicine Residents (8 in the past year). The survey data provide residents with the opportunity to explore the health of their patients from a community perspective. Areas under investigation include: diabetes in South Lawndale, cancer screening, nutrition, physical activity, hypertension, quality of life, asthma and health care utilization. A few have synthesized findings for presentations at Grand Rounds and national conferences. Analyses of these survey data have thus also sparked a unique interest among clinicians in exploring community risk factors.



## 2. Dissemination

During the 2004-2005 grant period, we made over 50 presentations (about one per week) to various community organizations, hospitals and related health professionals with a total of almost 100 since the start of this project. (See Appendix 3 for a complete list of presentations.) In doing so, we estimate that findings from the survey have been shared with over 4,600 individuals! The impact of these presentations and the data requests (described earlier) are far-reaching, and we hope in the long term will improve the health of those living in the surveyed communities.

We have however been able to trace how these many data presentations helped bring additional resources to the communities; guide donors and community planning efforts; and promote improved health policies. Examples of such dissemination efforts and their results are presented here.

There has been a continued interest in Report I and the community survey since the press conference announcement in January 2004. Not only did the release of the report signal immediate media attention, but it also led to an overwhelming number of requests for the report compelling us to print more copies. In tracing the distribution of the Report, we found that it has made its way into the hands of many political leaders, private and public donors, and community members. Some notable requests are as follows. For example, we have consulted heavily and distributed reports to community based organizations, including the Community Health Clinic (a free clinic serving the uninsured), North Lawndale Christian Health Center and Programa CIELO at St. Anthony's Hospital. Reports were also sent to several donors including the Steans Foundation and the Norwegian Foundation at Norwegian American Hospital. Policy makers requested copies of the report, such as the current Commissioner Roberto Maldonado; Aldermen Ed Smith and Billy Ocasio; and the Office of the Lt. Governor. In fact, an email from the Lt Governor's office wrote, "*Lt Governor has taken a strong interest in combating asthma and he is very interested in reading this report.*" Other national, statewide and local agencies have also requested copies of the report including the American Lung Association -Metropolitan Chicago and Illinois Public



Heath Futures. Though most of these reports have been distributed at no cost, dissemination to those who could pay generated over \$1,300 for the Sinai Health System. The Fry Foundation and the Visiting Nurses Association purchased copies and requested presentations to guide them with their strategic planning.

The Robert Wood Johnson Foundation is likewise very excited about the impact of the survey findings and plans to announce the release of survey data in its quarterly newsletter, *Advances*, and possibly on its website. We are in discussions with the Foundation on how to do this and have been told that something will be written up this summer.

In addition to the countless requests for Report I and related survey data, we were also proactive about some of our dissemination efforts. For instance, we sent out announcements to several list serves including the National Spirit 1848 Group and the National Network of Libraries of Medicine (NN/LM) listing to all libraries in the Midwest region. We also presented to community leaders. For instance, Cynthia Williams, the co-principal investigator on the project, presented survey data to the Nehemiah Restoration Faith and Public Health Collaboration in May 2004. As this minister's group embarks on a health initiative for the Greater Roseland community, we believe the survey findings will prove helpful. Last fall, we also had an informal meeting with a Senior Advisor to the Senate President, Emil Jones, who spoke at length about the SUHI disparities work and offered many suggestions for future dissemination activities. (See Appendix 4 for a Memo about this meeting.)

Furthermore, several local and national forums have featured Sinai's Improving Community Health Survey findings. For instance, survey results inspired the Chicago chapter of the Institute of Medicine (IOM) to sponsor an interactive conference titled "Eliminating Health Disparities in Chicago: A Call to Action" on December 6, 2004. Steve was a featured speaker and several SUHI members attended. The primary goal of this conference was to brainstorm various ways to eventually eliminate health disparities throughout Chicago.



Lastly, we presented survey data at several conferences this past Fall. Data on the importance of community level data were presented at the international conference, Community-Campus Partnerships: Towards Unity for Health in October 2004. In all, fourteen presentations were given at the International Society for Urban Health, the American Public Health Association (APHA) Conference, and the Sinai Research Institute. Additionally, we have submitted two abstracts for the upcoming American Public Health Association annual conference, one on adult physical activity and the other for a proposed Special Session on the importance of local level data. An abstract on HIV testing and attitudes toward screening has been also recently been accepted for an HIV Prevention Conference this May 2005. (Appendix 5 includes three abstracts submitted to APHA.)

### 3. Creation of Effective Interventions and Policies

In addition to making the survey data available to the public, we have been intimately involved in providing technical support as needed to organizations in pursuing effective interventions and policies. While the trickle down effect of data dissemination is not so easy to document, below are a few success stories that have brought resources and programs to the communities we surveyed.

***Arthritis Foundation:*** Data requests by the Arthritis Foundation resulted in the adoption of North Lawndale as one of their focus communities. SUHI was intimately involved in helping the Foundation decide which community to direct their limited resources and conduct their work. The Foundation has since made several visits to the community. They are working closely with the Sinai Community Institute, Schwab Rehabilitation Hospital, local businesses and community organizations to launch their campaign, train providers and bring arthritis-related activities to residents of North Lawndale. The official kick off of an arthritis campaign was April 1<sup>st</sup> and a full list of their planned activities is presented in Appendix 6.



***Healthy Schools Campaign:*** On September 23, 2004 Steve presented at the Healthy Schools Campaign meeting at the Chicago Community Trust. At this meeting we met Guillermo Gomez and Rochelle Davis from the Healthy Schools Campaign, which received a \$1 million grant to work on childhood obesity and asthma in two Latino schools in Chicago. Rationale for this grant was based on the childhood obesity and asthma data gathered by the Sinai survey. Ami was invited to speak at a press conference (November 12, 2004) announcing the launch of the grant activities. At this conference, community residents not only shared their experiences in living with asthma but also referenced data from the community survey. We were thrilled to hear residents use the survey findings to advocate on behalf of their own communities. As the Healthy Schools Campaign efforts move ahead, we have been invited to sit on their Advisory Council and will continue to be involved as needed.

***Programa CIELO, St. Anthony's Hospital:*** Report I survey data were successful in helping Saint Anthony's Programa CIELO receive two grants. One was from the Washington Square Health Foundation for \$75,000 for one year, and a second from the Lloyd A. Fry Foundation for \$70,000 for two years. Both grants will help support outreach and health promotion and education focusing on diabetes, asthma, hypertension, and obesity in the Pilsen, Little Village and Back of the Yards neighborhoods. They cited data from Report I and wrote to us saying, "*We really appreciate the information Sinai has been able to obtain on local health outcomes*" – Leslie Fielder, Project Coordinator of the Primary Prevention Project. SUHI is currently in discussions with them on ways to collaborate and utilize survey data in guiding future programs.

***National Network of Libraries of Medicine:*** As a result of the April 2004 Illinois Public Health Association Town Hall in downtown Chicago, members of the National Network of Libraries of Medicine (NN/LM) of the Greater Midwest Region approached SUHI about health literacy as a means of improving quality of care at Sinai and improving the resources available to our house staff and clients (patients). Discussions with NN/LM led to receipt of a start-up grant for Sinai's Lewison Memorial library, which brought new computers and technology to the Health System (~\$5,000). Evaluation of the utilization



of these services are in process and will allow us to assess the data needs of our house staff, residents and medical students as well as the resource needs of our clients.

### ***Many Asthma Initiatives***

Dr. Hugo Alvarez, a Sinai/Access Physician who works intimately with SUHI on various projects, presented data on asthma and diabetes from the SUHI survey at a meeting of the American Medical Association-Minority Affairs Consortium (AMA-MAC) in July 2003. The AMA-MAC is composed of representatives from minority national medical organizations, the National Medical Association (NMA), the National Hispanic Medical Association (NHMA) and the Association of American-Indian Physicians. Hugo was then invited to present at the "Conference on Hispanic Health" organized by Hispanocare and Illinois Masonic Hospital on September 24, 2003. Briefly thereafter, Joel Massel from the Chicago Asthma Consortium and Rhonda Williams from the American Lung Association-Metropolitan Chicago (ALA-MC) invited him to present at the Quarterly Chicago Asthma Consortium winter meeting on December 2, 2003. Over 50 members of the Consortium, including community members and multiple organizations, attended the meeting and of the ten studies presented that day, the SUHI findings were the most talked about.

Inspired by these data, an Advisory Committee was then formed to develop an Asthma Action Plan for Chicago. The committee composed of physicians, health promoters, members of leading advocacy organizations, and patients. The Chicago Action Plan, the first of its kind, was released at a press conference on World Asthma Day, May 4, 2004, at the Thompson Center Press Room and Steve was one of the featured guest speakers. (See Appendix 7 for media clippings from this event.) The Plan outlined steps to reduce the high prevalence of asthma and prevent asthma attacks. Close to 100 supporters attended, including Dr. Jay Shannon, a leading pulmonologist from Stroger Hospital, and Alderman Ed Smith, Chairman of the City Council Health Committee.

Next, the AMA-MAC became interested in understanding how to disseminate information to the Hispanic community. With financial support from the ALA-MC, focus groups and one-on-one interviews with Hispanic patients and families were conducted



in mid-2004. It became increasingly clear that a radio and TV asthma campaign would be most effective to increase awareness about asthma. The ALA-MC was instrumental in obtaining buy-in from the Hispanic networks, Univision and Telemundo, who pledged to run Public Service Announcements (PSAs) on asthma for free. Between November and December of 2004, a PSA video and audio, with English and Spanish versions, were recorded. On January 19, 2005, a Latino Asthma Education Campaign “Tome Control de Su Asma...Tome Control de Su Vida” (*Take Control of Your Asthma...Take Control of Your Life*) was launched with a press conference held at the Mexican Consulate in Chicago. Speakers included the Consulate General of Mexico in Chicago, Cook County Commissioner Roberto Maldonado, physicians, and representatives of the ALA-MC and Hispanic TV networks. On January 27, 2005 an interview was also recorded with Adelante Chicago WGN-TV, to be aired on February 5, promoting the campaign. (See Appendix 7 for the ALA Press Release.)

Along with all the media attention and local campaigns to raise awareness about childhood asthma, SUHI received \$100,000 from the IL Department of Public Health to implement and evaluate an asthma intervention among African American children being treated at Mount Sinai Hospital. The primary focus of the project is to educate and empower families to better manage their child’s asthma and prevent the onset of asthma attacks.

### ***Sinai Childhood Obesity Summit***

Given the shocking childhood obesity rates found by the survey, the Sinai Children’s Hospital hosted a Summit on Childhood Obesity in April of 2004. The Summit aims were to educate participants about the obesity prevalence, its causes and its consequences, and to provide a forum in which professionals from the community could discuss and outline feasible steps to combat the epidemic. About 200 professionals, community residents and patients spent the day in workshops and plenary sessions discussing ways to combat obesity. (See Appendix 7 for a media clipping about the Sinai Summit.)

### ***Sinai Obesity Task Force***



Building on the momentum of the Summit, the Sinai Children's Hospital formed a Task Force on Childhood Obesity. The Mission of the Task Force is to create a systematic, evidence-based, fiscally sustainable, community-based approach to increase awareness about and find solutions to the epidemic of childhood obesity. Steve was a founding member of this Task Force. Another member of SUHI, Helen Margellos, is the current co-Chair and Ami is now an active member. The committee is comprised of health care providers, outreach workers, and researchers at Sinai and other community based organizations interested in addressing childhood obesity. In its first year, the Task Force has established its mission and has secured funding for a co-Chair and coordinator for the Pediatric Weight Management Clinic. The group meets regularly and is preparing to develop an intervention to address the problem of Pediatric Obesity in the areas surrounding Sinai.

### ***Weight Perceptions Study***

To further explore the childhood obesity survey data, SUHI epidemiologists developed a protocol to: (1) validate proxy-reported height and weight data compared to actual measurements, and (2) understand parent/caretaker perceptions of their child's weight. A medical student, Ward Han, from the Rosalind Franklin Medical School, worked in the Sinai Pediatric Outpatient Clinic and implemented this study in the summer of 2004. The survey was administered to parents or caregivers coming to the clinic with children between the ages of 2-12. Working collaboratively with SUHI members, the data were analyzed and Ward presented them to his fellow Internship Program participants in November. Although Ward's internship has now ended, preliminary findings have been interesting enough to prompt us to continue collecting data in the hopes that we will have enough confidence in our numbers to publish the findings. SUHI Research Assistants, Sheena Freeman and Amanda Powell, are gathering these data. Furthermore, these data will guide initiatives of the Obesity Task Force discussed earlier.

### ***Pursuing a Community of Wellness in Humboldt Park***

One overarching vision that has been maintained by the Puerto Rican Cultural Center (PRCC) and friends has been that of building a Community of Wellness in Humboldt



Park. This idea was being discussed when Steve first presented the findings from Sinai's Improving Community Health Survey to the Steering Committee of the Puerto Rican Agenda, consisting of Madeline Roman-Vargas, Dean of the Humboldt Park Vocational Education Center, Miguel Palacios, Associate Director of Association House of Chicago, Jose Lopez, Executive Director of the PRCC, and Frank Diaz, Community Officer for the Puerto Rican Federal Affairs Administration.

This group was so impressed with the importance of the findings that it arranged for Chicago City Council hearings to examine the findings from the Health Survey that were relevant to Humboldt Park. This was in fact a joint hearing of the Health Committee, chaired by Ed Smith, and the Human Relations Committee, Chaired by Billy Ocasio, and which was held on March 9, 2004. That meeting was held in Humboldt Park (at Association House) and over 200 people attended. (Appendix 8 contains the agenda for that meeting.) When government response to the issues raised that day was inadequate, the Puerto Rican Agenda, again in pursuit of a Community of Wellness, held a "Health Summit" on November 9, 2004. Again, over 200 people attended, discussed many of the key health challenges in Humboldt Park, and generally declared the day to be an enormous success. (Appendix 8 contains the agenda for that meeting as well.)

One major outcome from this day was the idea that we would try to obtain a staff person to help construct the Community of Wellness. In pursuit of this, Jim Alexander and Steve Whitman met with Susanna Vasquez, program officer for the Local Initiatives Support Corporation/Chicago. Vasquez liked our proposal and after we held several meetings to clarify our plan she committed to providing \$33,000. The group coordinating this position has now broadened the proposal to include an outreach worker for a total budget of \$100,000. The remaining \$67,000 of this budget is being sought from other funders.

### ***CO-OP Humboldt Park***

A project titled "Community Organizing for Obesity Prevention in Humboldt Park" (CO-OP HP) has also been established. In collaboration with CLOCC (Consortium on



Lowering Obesity in Chicago's Children) and the PRCC, SUHI has been involved with CO-OP HP since July 2004. The goal of CO-OP is to build coalitions within the very diverse Community Area of Humboldt Park with the purpose of increasing awareness about obesity, and ultimately preventing it. In an effort to provide technical assistance and guide the team's research needs, SUHI led the development of two instruments to gather baseline information. The first survey includes questions on height and weight (self-reported and measured), perceptions about weight status, and behaviors. The Puerto Rican Cultural Center and VIDA/SIDA administered this survey during this year's Fiesta Boricua celebration (held over Labor Day weekend in Humboldt Park). Data were collected from 364 adults and 88 children. Survey data were used to apply for a \$1 million grant from The Robert Wood Johnson Foundation, which was not awarded. However the process of writing this grant has placed us in a better position for future activities.

Second, efforts by CO-OP HP have led to another larger community based research project to assess behaviors and attitudes around healthy eating and physical activity. Ami trained close to 30 volunteers from PRCC and Centro Sin Fronteras (CSF), a Mexican community based organization, to interview 100 Puerto Rican and 100 Mexican households in Humboldt Park. Data collection should be completed by May 2005. SUHI members were involved in designing the instrument, training the interviewers and working with coordinators at PRCC and CSF to administer the survey. The information generated by the survey will be used to guide community-based interventions.

### ***Resurrection Project***

In addition to efforts around childhood obesity, a community organizer from the Resurrection Project in Pilsen attended the Health Summit and was very interested in disseminating SUHI survey data to their communities. In December 2004, we met with Ross Chavez from the Resurrection Project on ways to prepare the survey information so that it would be relevant and important to their community's health priorities. Thus far, Ross has been working with a network of local health ministries to develop a health action plan. In this process, inserts with survey data were distributed to over 100



parishioners at St. Procopius Church along with a mini-survey on barriers to insurance coverage. Findings from this mini-survey confirmed and validated Sinai's survey findings and are being used to address access to health services in this predominately Mexican immigrant community. Chavez also held several house meetings at which survey data were used to stimulate discussion about pertinent community concerns. The Resurrection Project has since applied for two grants from the United Way. They are also in the process of sending a proposal to the Aetna Foundation to initiate a project involving communities in the delivery of culturally competent health care. Disparities in health from Sinai survey data are referenced as background for such health care services in the South Lawndale community.

### ***More Local Area Data: West Rogers Park and More***

Following the presentation of survey data to the SUHI Board, there was growing interest in local area data for the Chicago Jewish community. Joel Carp of the Jewish Federation of Metropolitan Chicago rallied up the support and finances necessary to conduct a survey, based on Sinai's Improving Community Survey instrument, in a designated area of West Rogers Park. They received \$75,000 from the Polk Bros. Foundation and Michael Reese Trust, plus \$8,000 from the Jewish Women's Foundation. The survey was administered from August 2003 through January 2004 by the same implementing agency, Survey Research Laboratory at UIC, under the guidance of SUHI. We supported the project in helping write the proposal and assisting in revising the instrument. Lastly, we presented the initial analyses of the data to their board and other community stakeholders. Ami worked with them in the months following the completion of the data collection to answer questions and provide information to them as needed. Most recently, SUHI received a grant from the Jewish Federation to hire a full-time staff person to focus on the data analyses of the West Rogers Park survey, to work together with local agencies to identify gaps in health and human services, and to develop a plan to improve access to effective intervention and appropriate care for West Rogers Park.

Furthermore, the survey data has sparked an interest in the Asian American communities. Ami has been in discussions with several Asian American organizations, including the Asian Health Coalition of Illinois and the South Asian Public Health



Association of Chicago, regarding the need for local area health data for different Asian populations in Chicago. Proposal ideas are in development, based on the Sinai survey model, and we hope will lead to effective interventions, greater resources and improved policies for these Chicago communities.

### Future Plans

As we hope is obvious from the above pages, much has been accomplished in this first year of the grant, and yet much more remains to be done. One difficulty in planning this work has been that the external world continues to intrude upon us. This is, of course, positive and exciting but does not always allow us to pursue our plans. For example, we might schedule that we will produce a report but then, at the same moment, an RFP appears that one of our community partners could pursue with our data. The latter takes priority and slows down the former. Despite this “problem,” the following activities are scheduled for the upcoming year.

- We will advance the analysis of the gathered data. We would like to say we will *complete* this analysis but we believe that is virtually impossible. We have outlined measurable goals for the next year by each quarter for this task.
- We will publish Report II of the Survey Findings by July 1, 2005. This, we anticipate, will trigger more requests for data and presentations, perhaps more media attention and, we hope, additional resources for the communities.
- We will publish three more articles in peer-reviewed journals.
- We will publish community profile brochures for the six communities that participated in the survey.
- We will continue to work to bring additional resources to the communities in the study and others like them in Chicago.
- We will pursue funding to keep this project alive. We are now entering the final year of this two-year CCT proposal. If we are not able to obtain additional funding for Ami Shah’s position, almost all of the work of the nature described above will be left undone in the future. We feel that this would be a disservice to



the vulnerable communities that we have been working with and thus intend to pursue this goal with great energy.

### Summary

The sequence of events that have followed the release of Report I in January 2004 has been substantial. Though it has only been one year, donors, policy makers, community organizations and residents are starting to buzz around the survey findings and take action. Some positive changes have already begun to occur in a couple of the communities.

As we said in our proposal, if things do not get better, we believe we will have failed. While changing the health status of an entire community will take more than one year, we believe that actions inspired by these data findings are heading in this direction. There have been increased resources in some communities and greater awareness of pertinent health issues in all of them. We hope that the Chicago Community Trust agrees with us when we say that much has been accomplished, but much still remains to be completed.



## Financial Report Summary

The Financial Reports (1-3) for Grant ID# 2003-00844 are enclosed (Appendix 9). Report 1 is a Summary of Yr 1 Expenses along with a brief justification for unspent funds >\$200. We spent 84% of the originally proposed Yr 1 budget and request that remaining funds be carried over to Yr 2, as outlined in Report 3.

Report 2 details our Monthly Expenses and indicates that we were left with a surplus of \$10,972.22 after the first year of the grant. (Note that the total surplus only approximates expenses for April 2005 because actual expenses will not be available until mid-May.)

Report 3 proposes the Yr 2 Budget of \$107,276.99. This includes the surplus from Yr 1 plus the original budget of \$96,305. This figure also adjusts for the new Sinai policy beginning December 2004 where fringe benefits account for 16.33% of the salary, an increase from 15%. We are not requesting any additional funds.



## List of Appendices

- Appendix 1:** Complete List of Data Requests
- Appendix 2:** Manuscripts for Publication
- Appendix 3:** Complete List of Presentations  
Memo about meeting with Senior Advisor to Senate President Emil
- Appendix 4:** Jones
- Appendix 5:** Abstracts submitted to American Public Health Association
- Appendix 6:** Arthritis Foundation Planned Activities
- Appendix 7:** Media Clippings
- Appendix 8:** City Council Meeting Agenda and Health Summit Agenda
- Appendix 9:** Financial Reports #1-3

Appendix 1

	Date	Information Requested	Requested By	Affiliation	Purpose of Info Request
1	12/1/2002	Survey Qs	Michele Kelley	UIC: Div Community Health Sciences	Diabetes interventions in Humboldt Park/West Town
2	1/10/2003	Resolution on disparities	Alderman Billy Ocasio	City Councilman	Policy Initiative: Proposal to present survey results to the Chicago City Council
3	3/3/2003	Survey Qs	Joel Carp	Jewish Federation of Metropolitan Chicago	Proposal to implement community survey in West Rogers Park
4	6/2/2003	Brochures	Elissa Bassler	Partners in Action Conference, IL PH Future Initiative	Distributed brochures about the survey to inform conference attendees interested in community level health data
5	6/2/2003	Smoking	Dr. Ansell	Department of Medicine	Policy Initiative: Meeting with Dr. E Whitaker, Dir of IL Dept of Public Health
6	7/7/2003	Nutrition/ Phys Act data	Jamila Ra	CDPH: Div of Women/Children Health	Developing nutrition / physical activity programs in the community
7	8/1/2003	Substance Abuse	Rob Christopher	SRL Interviewer	General interest and feedback to survey interviewers
8	8/20/2003	Asthma data	Mary Marcano	CDPH West Town Field Station	Asthma adult and children - prevalence data
9	8/29/2003	Childhood Obesity	Matt Longjohn & Kathy Christoffel	CLOCC (Consortium on Lowering Obesity in Chicago's Children)	Need for community level data; focus on children 3-5yrs
10	9/1/2003	Brochures	Larry Haspel	Metropolitan Chicago Healthcare Council	Brochures sent to Pres/CEOs of hospitals in Chicago
11	9/4/2003	Survey Design Rep	Mark Hunter	Winnebago County Health Dept	Conduct a community survey in Winnebago County
12	9/5/2003	Nutrition Survey Qs	Jennifer Cox	Loyola University, Nutrition Division & Chicago Food Systems Collaborative	School based nutrition study, developing a survey instrument
13	9/10/2003	Cancer Screening data	Kathleen Boss	Gilda's Club Chicago, Cancer Support Group	Serves on American Cancer Society committee targeted at health disparities
14	9/10/2003	Survey Design Report	Dennis J. Dobbs	CDPH: Div of Epidemiology	Unknown
15	9/8/2003	FU: Details Nut/Phy Act	Agatha Lowe	CDPH: Div of Women/Children Health	Developing nutrition / physical activity programs in the community
16	9/11/2003	Asthma disparities by race	Hugo Alvarez	Sinai: Dept of Internal Medicine	Panel at Hispano-Care, IL Masonic Hosp
17	9/11/2003	Question List	Ronelle Walker	From CDPH: REACH 2010	General information
18	9/17/2003	Possible future presentation	Dan Beck	RUSH Medical School	Present to med staff
19	9/26/2003	General info on topics	Carolyn Dennis	Cook County Community Health Council	Dist H Council press releases and community awareness

Appendix 1

	Date	Information Requested	Requested By	Affiliation	Purpose of Info Request
20	9/29/2003	Future Presentation	Herb Slutsky and Rhoda Bernstein	Norwegian American Foundation	Present to med staff and mgmt team, possible partnership for NIH funds
21	10/9/2003	Psychology related topics	Michael Seindenberg	Finch Chicago Medical School	Possible interest of psychology students
22	10/16/2003	Needle exchange	Mike Savage	Access Community Health	Requested race/response breakdown of needle exchange questions + Harlem asthma article
23	10/16/2003	Asthma and needle exchange	Dan Mukundan	Access Community Health	Requested asthma screener questions and data; needle exchange data w/breakdown of responses (both n and %)
24	10/28/2003	Quality of Life Scale	Claude Hall	Development officer at Sinai Health System	Requested SF-12 Questions for proposal on emergency preparedness
25	11/4/2003	HIV Data	Dan Biggs, Executive Director	Chicago Recovery Alliance, an HIV harm reduction agency in the city	Requested data on HIV and access to services
26	11/7/2003	BMI by ethrace and sex	Arden Handler & Michele Kelley	University of Illinois at Chicago School of Public Health	Interested in HP community, particularly PR women obesity issues
27	11/8/2003	Roseland presentation	Vivian Taylor	Southside Help Center	Interested in Roseland data
28	12/1/2003	Roseland presentation	Debra Clemins	Chicago Dept of Pub Health Roseland Clinic	Interested in Roseland data, unable to attend presentation
29	4/1/2004	Arthritis Foundation	Erica Pleasure	Arthritis Foundation	Program planning and possible adoption of a community area
30	4/20/2004	Asthma focus	Junirose Zaide	Norwegian American Hospital	Requested data for grant proposal
31	5/10/2004	Survey instruments and data	Dan Cantillon	Post doc student at Health Policy and Research Center at UIC	Interested in analyzing data from the survey for his post-doctorate
32	6/17/2004	Colon cancer screening data	Mohamed Heikal	Dept of Medicine Resident	Interested in colon cancer data with respect to his patient population
33	6/28/2004	West Rogers Park Instruments and data	David Rubovits	From Jewish CB Chicago, interested in WRP/PP instruments and data frequencies	Interested in developing programs in West Rogers Park
34	7/22/2004	Muscular sclerosis inquiry	Jeanne Mervine	Schwab Rehabilitation	Interest in city-statistics and data about muscular sclerosis
35	7/22/2004	Diabetes and HIV data	Shirley Fleming	Chicago Dept of Public Health	Requested Chicago BRFSS data on diagnosed diabetes and ever tested for HIV
36	8/2/2004	Survey instruments	Gayle Blair and Bruce Steiner	IL Dept of Pub Health	Requested survey instruments and data findings, also presented Chicago BRFSS to SUHI
37	8/3/2004	HIV Data	Nannette Benbow	Chicago Dept of Pub Health, Div of HIV/AIDS	Interested in our survey questions to guide planning for state BRFSS questionnaire
38	8/4/2004	Disparities data	Ray Wang	North Central District Health Council	Shared with ministers from the community in setting health priorities

## Appendix 1

	Date	Information Requested	Requested By	Affiliation	Purpose of Info Request
39	8/18/2004	Data on elderly population and grandparents as caretakers	Lynne Mock	UIC Dept of Psychiatry	Sent age distribution by CA and ethrace (ages 15-55, 55-64, 65+) and percentage of adult/child matched surveys taken about grandparents.
40	8/23/2004	Latino adolescent pop health	Michele Kelly and Joan Kennelly	University of Illinois at Chicago School of Public Health	Sent survey instruments, methods report and Rpt 1. Interested in conducting a youth survey on Latinos
41	10/1/2004	Community Health Survey Rpt	William Burns	Senator Emil Jones' office	Gave a copy of the Community Survey Rpt and outlined the steps to take to meet with the Senator (see memo)
42	10/4/2004	Interest in an Asian Health Survey	Joanna Su	Asian Human Services	Pursuit of AAPCHO proposal and rationale to conduct an Asian Health survey
43	10/15/2004	Survey instruments	Benedict Lee	Los Angeles County Dept of Public Health	Interested in nutrition and physical activity questions for LA County Health Survey
44	10/18/2004	Survey instruments	Lisa Azu-Popow	Northwestern Univ and North Center District Health Council	Interested in the survey questions
45	11/10/2004	Survey instr and HRQOL data	Robin Eloia	Sullivan County Regional Health Dept, TN	Interested in HRQOL data from APHA 2004 presentation
46	11/10/2004	Survey instruments	Subha Chandar	Minnesota Dept of Health	Interested in survey instruments and data findings from APHA 2004 presentation
47	11/15/2004	Colon cancer screening data	Lisa Hinton	Morehouse School of Medicine	Interested in introducing colorectal cancer screening initiatives to Chicago
48	11/18/2004	Survey instruments and data	Tom Hauth and Jane Samuelson	Project CIELO in Pilsen, St. Anthony's	Interested in findings to develop and guide their programs, particular interest in diabetes and men's health initiatives
49	12/1/2004	Data related to South Lawndale, focus on access to care	Ross Chavez	Resurrection Project in Pilsen	Share with community residents and ministers to develop a community action plan
50	1/6/2005	UIC Post-Doc Student	Janine Lewis, MPH	DrPH student - UIC SPH	Doctoral thesis, interested in neighborhood factors associated with quality of life
51	2/16/2005	Childhood Obesity data	Risa J. Wilkerson	VP of Active Communities, Michigan Governor's Council on Physical Fitness, Health & Sports, Michigan Fitness Foundation	Sent results on childhood obesity by CA, race/ethnicity
52	3/14/2005	Survey methods report	Joseph Martin	Centro Ramero	Interested in survey methods for a proposal on exercise classes for children on the northside
53	3/17/2005	Survey instruments and codebook	Sue Curry and Robin Mermelstein	UIC Institute for Health Research and Policy	Interested in comparing survey findings to own research on HIV/AIDS
54	3/18/2005	Website and report	Francine Axler	Philadelphia Hth Management Corporation	Interest in survey data and its dissemination

Appendix 1

Date	Information Requested	Requested By	Affiliation	Purpose of Info Request	
55	3/19/2005	Survey methods report	Howard Ehrman	UIC College of Med, Dept of Family Med and School of Public Health	Interested in survey design process, collaborating with Little Village Environmental Justice Organization and in using CBPR methods to teach students at UIC
56	3/21/2005	Survey methods report and various references on diet/nutrition	Lara Jones	CLOCC and Chicago Food Systems Collaborative (Jackie Reed, Claire Kohrman, LeDonna Redmond)	Developing a survey on dietary intake, access to grocery stores, and health status of residents in Austin.
57	4/7/2005	Website, report and survey methods	P. Rafael Hernandez-Arias	DePaul University Department of Sociology	Teaching a class in public health and community health
58	4/18/2005	Data on violence from the survey	Amy Theriault	Illinois Violence Prevention Authority, Health Cares Grant, Trauma Department, John H. Stroger Hospital	Planning phase for our IVPA health cares grant

*Insert Manuscripts for Publications Here*

**Diversity and Disparity: GIS and Small Area Analysis in Six Chicago Neighborhoods**

Whitman, Silva, Shah, and Ansell

Journal of Medical Systems, August 2004

**The Smoking Experience in Six Diverse Chicago Communities: A Population Study**

Dell, Silva, Shah, Whitman, Ansell

American Journal of Public Health, expected July 2005

**Geographic Variation in the Health of Six Chicago Community Areas: A Case of Local Level Data**

Shah, Silva, Whitman

American Journal of Public Health, under review as of May 2005

Appendix 3

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
1	10/24/2002	Ami M. Shah	Survey Introduction	Block Club Federation	14	Community Board Members
2	2/24/2003	Steve Whitman	Preliminary Findings	SUHI Advisory Board	25	Providers and Health Professionals
3	3/22/2003	Steve Whitman	Preliminary Findings	Quick Research for Providers	25	Health and Social Service Providers
4	4/9/2003	Steve Whitman	Health Disparities/Survey	Sinai/Finch Retreat	75	Residents and students
5	4/23/2003	Steve Whitman	Survey Results	Sinai Comm. Institute	20	Donors
6	4/28/2003	Steve Whitman	Survey Results	Jewish Federation of Chicago	8	Federation members
7	5/1/2003	Steve Whitman	Survey Results	Survey Design Committee	19	Community Leaders on the Committee
8	5/23/2003	Ami M. Shah	Survey Results	Catholic Charities	8	Roseland Community Leaders
9	5/28/2003	Ami M. Shah	Survey Results	Roseland Dist Police Dept	12	Police officers
10	6/19/2003	Ami M. Shah	Survey Results	34th Ward Ministers Board	15	Ministers of the Ward
11	6/25/2003	Steve Whitman	Survey Results	Institute of Medicine	15	IOM Board Members, Doctors
12	7/15/2004	Hugo Alvarez	Survey Results, Asthma and Diabetes	American Medical Association: Minority Affairs Consortium	40	Physicians and health care providers working in minority communities
13	7/18/2003	Steve Whitman	Survey Results	Westside Tech Institute	13	Students and community leaders
14	7/30/2003	Ami M. Shah	Survey Results	Woodlawn H Center	7	PH Seminar for students and residents
15	7/30/2003	Ami M. Shah	Survey Results	Survey Research Lab	7	Feedback to Interviewers
16	8/4/2003	Steve Whitman	Survey Results	Healthy Community Coordinator Council	30	Advocate HC Council members
17	8/6/2003	Ami M. Shah	Survey Results	Grand Rounds	35	Residents and Doctors
18	8/26/2003	Ami M. Shah	Survey Results	CLOOC Data Survey Comm	15	Researchers
19	9/3/2003	Steve Whitman	Child Obesity Data	CLOCC Quarterly Meeting	100	Researchers and serv prov interested in obesity
20	9/4/2003	Cynthia Williams	Community Health Data (NL)	North Lawndale Res Forum	20	Researchers and donors interested in NL
21	9/8/2003	Ami M. Shah	Survey Results	Near Central Dist Health	25	Council members - from community
22	9/9/2003	Cynthia Williams	Survey Results	Roseland Dist Heath	15	Council members - from community

Appendix 3

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
				Council		
23	9/11/2003	Cynthia Williams	Survey Design	Winnebago County Health Dept	12	Health Department employees
24	9/24/2003	Hugo Alvarez	Asthma Disparities	Hispano-Care	30	Health and social service providers
25	9/25/2003	Ami M. Shah	Survey Results	Westside Dist Health Council	15	Council members - from community
26	9/26/2003	Ami M. Shah	Community Hlth Data (RS)	Catholic Charities	14	Key stakeholders in Roseland
27	9/26/2003	Steve Whitman	Community Hlth Data (HP and WT)	Steering Community of HP Health Assoc	7	Comm leaders and key stakeholders of the comm hlth agencies
28	10/8/2003	Steve Whitman	Survey Results	Access Health Care	8	Medical staff and other services providers
29	10/20/2003	Steve Whitman	Survey Results/Implications	Robert Wood Johnson Foundation	15	Public Hlth, Obesity, Hlth Disparities and Mgmt Teams
30	10/17/2003	Ami M. Shah	Imp of Local Level data, poster	Second Internl Urban Health Conf	150	PH Professionals
31	11/4/2003	Steve Whitman	Survey Results	Chicago Recovery Alliance		Individuals working on HIV harm reduction in Chicago
32	11/4/2003	Ami M. Shah	Survey Results Poster Session	Sinai Research Institute	20	Sinai employees (primarily physicians)
33	11/17/2003	Ami M. Shah	Survey Design Process, Roundtable	American Public Health Assoc Conf	30	PH Professionals
34	11/17/2003	Ami M. Shah	Imp of Local Level data	American Public Health Assoc Conf	100	PH Professionals
35	11/17/2003	Helen Margellos	Obesity disparities	American Public Health Assoc Conf	150	PH Professionals
36	11/17/2003	Jocelyn Hirschman	Depression disparities	American Public Health Assoc Conf	25	PH Professionals
37	11/17/2003	Ami M. Shah	Insurance disparities, poster	American Public Health Assoc Conf	35	PH Professionals
38	11/17/2003	Helen Margellos	Asthma Disparities, poster	American Public Health Assoc Conf	35	PH Professionals
39	11/20/2003	Steve Whitman	Survey Results	Steering Cmte of Health and Medicine Policy Research Group	5	Board members interested in universal health coverage and access to health services for all
40	12/2/2003	Hugo Alvarez	Asthma Disparities, focus on Latino and African Americans	Chicago Asthma Consortium, 2003 Winter Quarterly Meeting	100	Researchers, practitioners and community based organizations working on asthma initiatives in Chicago
41	12/2/2003	Steve Whitman	Community Survey Update	Sinai Monthly Management Team	100	Health administrators and physicians

Appendix 3

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
42	12/10/2003	Steve Whitman	Survey Results	Finch Medical School Grand Rounds	150	Medical students
43	1/5/2004	Ami Shah	Survey Results	IL Public Health Futures Institute	20	Racial and Ethnic Health Disparities Action Council
44	1/6/2004	Steve Whitman	Survey Results	Health Policy, Medicine and Research Group	100	Researchers and activities interested in universal health coverage
45	1/7/2004	Steve Whitman	Survey Results	Sinai Health System Board	30	Board members
46	1/8/2004	Steve Whitman	Survey Data Release	Press Conference	40	Print and television media
47	1/14/2004	Ami Shah	Child Survey Results/Findings	Pediatric Grand Rounds	30	Pediatric department at Sinai
48	1/14/2004	Ami Shah	Obesity Data Results	Chicago Dept of Pub Health Seminar	100	Health care providers, doctors, nurses, dieticians, etc..
49	1/26/2004	Steve Whitman	Survey Results	Sinai Community Institute Strategic Planning Committee	30	Board members
50	2/3/2004	Steve Whitman	Eleven Key Findings	Rush Dept of Prev Med Grand Rds	100	Hospital house staff, residents and med students
51	2/5/2004	Steve Whitman	Survey Results	VNA (Visiting Nurses Association) Foundation	10	Board of Directors
52	2/13/2004	Steve Whitman	Survey Results	Access External Affairs Team	35	Staff from Access Health
53	2/24/2004	Steve Whitman	Survey Results	Aetna's Board of Medical Directors	15	Board members
54	2/26/2004	Steve Whitman	Survey Results	Erie Family Health Center	20	Medical Board of Directors
55	3/9/2004	Steve Whitman	Survey Results	Chicago City Council	100	Health Committee and Human Relations Committees
56	3/11/2004	Ami Shah	Survey Results	Norwegian American Foundation	65	Two presentations, one with doctors, and the other with nurses etc..
57	3/16/2004	Steve Whitman	Survey Results	Fry Foundation	10	Board of Directors
58	3/18/2004	Helen Margellos	Health Disparities in Chicago	Public Health and Law Class	15	DePaul Law Students
59	3/22/2004	Ami Shah	Child Survey Results	American Lung Association	75	Stakeholders in Schools Forum
60	3/23/2004	Steve Whitman	Survey Results/Findings	Finch Medical School Grand Rounds	30	Dept of Psychology
61	3/25/2004	Steve Whitman	Survey Results	Cook County Association of Social Workers	300	Social workers and house staff from Cook County Hospital

Appendix 3

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
62	4/7/2004	Ami Shah	Survey Results	IL Public Health Association Town Hall	60	Providers, public health practitioners and leaders from the state and city
63	4/7/2004	Steve Whitman	Survey Results	UIC-Maternal Child Health Dept	75	Staff and students from various departments of UIC
64	4/8/2004	Ami Shah	Survey Results	Sinai Children's Hospital Planning Mtg	20	Sinai Children's Hospital Planning and Design Committee
65	4/12/2004	Ami Shah	Survey Results: Obesity focus	Schwab Rehabilitation	12	Nursing management staff
66	4/19/2004	Steve Whitman	Survey Results: Obesity focus	Sinai's Obesity Summit	100	Community leaders, health care providers and organizers
67	4/22/2004	Ami Shah	Survey Results	Cook County - Nurses Training	40	Nurses Orientation at Cook County
68	4/27/2004	Steve Whitman	Survey Results	CDPH-Epidemiology Dept	30	Chicago Dept of Public Health - All Epid Program
69	4/29/2004	Steve Whitman	Survey Results	Grand Rounds, Metro Health Hosp of Cleveland	50	Clinicians and students at Cleveland's public hospital
70	5/4/2004	Steve Whitman	Asthma Data Results	World Asthma Day, American Lung Association Press Conference	50	Media and many researchers and policy makers interested in asthma. Unveiling of a Chicago Asthma Plan.
71	5/6/2004	Steve Whitman	Survey Results	Community Health (a free clinic serving the underserved)	30	Housestaff at a free community health clinic in Chicago
72	5/12/2004	Steve Whitman	Survey Results	North Lawndale Christian Health Center	75	Community Board members
73	5/19/2004	Cynthia Williams	Roseland Survey Results	Nehemiah Restoration Faith and PH Collaboration	30	Ministers and stakeholders in Roseland
74	5/12/2004	Ami Shah	Survey Results	Enhancing the Prevention with Positives Center Meeting	40	Researchers and management staff of project sites
75	5/14/2004	Steve Whitman	Jewish Comm Survey	Jewish Federation Meeting	40	Board members and Jewish community stakeholders
76	5/27/2004	Steve Whitman	Health of Chicago's Communities	Conference sponsored by IL Dept of PH and IL Dept of Human Services	25	Systems in Action: Partnerships Improving Community Health conference attendees
77	6/9/2004	Steve Whitman	Comm Hlth Survey: Diversity or Inequity?	IL Maternal & Child Health Coalition	150	Board of Directors and Executive Committee Annual Meeting
78	6/18/2004	Steve Whitman	Survey Results	Cook County Dept of	125	Medical staff and students

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
				Medicine, Grand Rounds		
79	7/14/2004	Steve Whitman	Jewish Comm Survey Findings	Sinai Board Meeting	25	Board of Directors
80	7/26/2004	Steve Whitman	Diversity and Disparity: Sinai's Community Health Survey	Dept of Preventative Medicine, Northwestern University	45	Northwestern Dept of Preventative Medicine students, staff and residents
81	9/23/2004	Steve Whitman	Funder's Briefing: CPS Taskforce to Promote Healthy Eating	Chicago Community Trust	20	Funders, stakerholders involved in obesity related work with Chicago's children. Project of CPS/Food Service Div and Healthy Schools Camp
82	10/9/2004	Ami Shah	Importance of Community Level Data to Examine Health Disparities	Community-Campus Partnerships-The Network: Towards Unity for Health	35	Attendees of an international conference in Atlanta: researchers, providers and program managers
83	10/13/2004	Steve Whitman	Survey Results	Dept of Community Medicine, UIC	50	House staff and students at UIC.
84	10/22/2004	Helen Margellos	Overweight children in diverse Chicago communities: Results from a Community Health Survey	The Third International Conference of Urban Health	30	Conference attendees including researchers, policy makers and health care providers serving urban communities
85	10/22/2004	Helen Margellos	Determinants of disparities in the prevalence, severity and management of asthma among Chicago children	The Third International Conference of Urban Health	30	Conference attendees including researchers, policy makers and health care providers serving urban communities
86	11/8/2004	Ami Shah	Local Survey Data Reveals More About Diabetes Risk	American Public Health Assoc Conf	75	Attendees of the conference: researchers, providers and program managers
87	11/9/2004	Steve Whitman	Health Disparities	Health Summit organized by CLOCC	150	Community members and leaders
88	11/10/2004	Ami Shah	Progress Report Toward Health People 2010 Cancer Screening Goals in Six Chicago Communities	American Public Health Assoc Conf	50	Attendees of the conference: researchers, providers, students and program managers
89	11/10/2004	Jocelyn Hirschman	Measuring Health Related Quality of Life in Six Chicago Communities as a Tool to Uncover Disparities	American Public Health Assoc Conf	30	Attendees of the conference: researchers, providers, students and program managers

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
			and Guide Planning			
90	11/11/2004	Ami Shah	Childhood Obesity and Asthma, Focus on Latino Children	Healthy Schools Campaign Press Conference	15	Television and newspaper media announcing launch of efforts to address childhood obesity and asthma in 2 schools with \$1million grant from the National Institute of Environmental Health Sciences
91	12/1/2004	Steve Whitman	Survey Results	Steans Foundation meeting at Sinai Community Institute	15	Stakeholders and funders working in North Lawndale
92	1/13/2005	Steve Whitman	Health and Racism	Northwestern Medical School	180	Northwestern faculty and students
93	1/19/2005	Hugo Alvarez	Childhood Asthma PSA	American Lung Association, Chest Foundation, Asthma Consortium	15	Public Service Announcement covered by press and media
94	1/24/2005	Alan Channing	Survey Results	Healthcare Consortium of Illinois, Dolton, IL	50	Members of the Healthcare Consortium
95	1/27/2005	Steve Whitman	Racism, Poverty and the Health of Chicago's Communities	College of Physicians of Philadelphia	50	Public health practitioners, researchers and providers in the Philadelphia area
96	2/2/2005	Ami Shah	Health Disparities in Chicago	Healthy Schools Campaign	10	Students involved with projects for the Healthy Schools Campaign
97	2/4/2005	Steve Whitman	Survey Results	Leadership Greater Chicago Fellows Class	75	Emerging leaders from business, government, the professions, healthcare and other non profit organizations
98	2/25/2005	Ami Shah	Panel on Role of Community in Health Disparities Research	Center for Interdisciplinary Health Disparities Research	45	Researchers and community residents interested in role of communities in research
99	3/11/2005	Kristi Allgood	Physical Activity in Six Chicago Communities	Sinai Research Institute	20	House staff and researchers at the Sinai Health System
100	4/15/2005	Steve Whitman	Racism, Poverty and Health in Chicago's Communities	UIC SPH Class on Racial Disparities	12	Graduate class at UIC School of Public Health
101	4/19/2005	Steve Whitman	Racism, Poverty and Health in Chicago's Communities	Cermak Health Services	35	House staff at the Cermak Health Clinic of the Cook County Jail

	Date	Presenter	Presentation Subject	Group Name	# Attend	Audience
10 2	6/12/2005 (upcoming )	Kristi Allgood	HIV Testing Practices and Attitudes on Prevention Efforts	HIV Prevention Conference (abstract accepted)		

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**MEMORANDUM**

To: Steve Whitman  
 From: Ami Shah  
 Date: October 4, 2004  
 Re: Public Relations Suggestions

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I wanted to brief you on an informal meeting I had with Will Burns, Senior Advisor to the Senate President on October 1, 2004. I spoke at length with him about our recent findings from the RWJF Survey as well as the AJPH Health Disparities paper published on January 2004. He had a lot of great questions and was very interested in reading the report.

Because of his previous experience at the Urban League, I had asked him a lot of questions on how to translate research findings into policy (or some form of community action). Since I have little experience in this area, I wanted to learn from him how best to equip advocates with the information that we had. He suggested several things. First, we spoke at length about the types of "policy briefs" or formats in which to present research findings. Keeping it simple, short and very concise (often using catchy "phrases") is key. Some of this may not be new to you, but it was interesting for me. It also sounded very familiar because of the "Media Advocacy" introduction I had received at the Urban Health Conference in NYC last year, as well as the work that Bill Kling is doing for CLOCC.

Second, he spoke at length about policy recommendations. I shared our work with him about this – but he also made a few suggestions. That is, he thought recommendations needed to be very specific yet targeted at several different advocacy groups (e.g. environmentalist groups, school groups, etc...). He noted that the most effective policies are usually written to gain the support of many different interest groups. I thought this was an interesting take – and though it seems far reaching for us, it sounds like CLOCC has done exactly this to get some recent legislation passed (in fact, he mentioned some of CLOCC's efforts). Next he suggested that policies be written with specific levels of government in mind. Legislation at the state, city, county level are very different and though it seems obvious, making recommendations by government level would help policy makers understand how the information we present is directly relevant to them and their constituents. (Steve, I am not familiar with this area, but imagine that the Public Affairs dept could help us here.)

Thirdly, he suggested contacting the editorial boards of some of the following papers (I understand Sinai and the Scofields may have done this already, but thought I'd mention the ones that I did not recall seeing in our media packet).

**Newspapers**

Defender  
 Crusader  
 Citizen Newspaper, Bill Garth  
 Austin Weekly News  
 Exito  
 Conscience Choice  
 National Newspaper Publishers Association (equivalent of Black Associated Press)  
 Yvonne Davala, Public Relations specialist in this area

**Radio**

Cliff Kelly with WVON, Black News Radio  
Tavis Smiley

Other Misc Organizations he mentioned:

Urban League  
Health Care Consortium of Illinois

He said that if we wanted to present to the Senate President or other representatives, we should write directly to them. I have the address and the appropriate persons to CC if you would like me to pursue this for the Senate President.

Write to Senate President Emil Jones, Jr. requesting a meeting; and CC: William D. Burns, Senior Advisor and Debbie Shipley, Executive Assistant to Senate President.  
327 State House, Springfield, IL 62706

Furthermore he suggested a few representatives who might be interested in our work and thought we should write to them directly as well if we wanted to request a meeting or simply send them materials:

Representative Monique Davis (27<sup>th</sup> District)  
Representative Mary Flowers (31<sup>st</sup> District)  
Representative Art Turner (9<sup>th</sup> District)

**American Public Health Association 2005  
Abstract Submissions  
New Orleans, LA.**

**Abstract 1**

**Title:** Local Area Health Survey Data  
**Purpose:** To explore differences in the methods and findings of health surveys of local area surveys  
**Relevance:** This Special Session will be most relevant to public health leaders and epidemiologists interested in local area disease prevalence, geographic variations and racial/ethnic disparities in health.

In recent years, there has been a growing demand for local area health information for targeting resources, community planning and eliminating health disparities in large urban settings. Information on chronic disease prevalence rates, quality of life measures, and risk factors, including access to services, are critical to public health efforts to monitor and improve health. While much of these data are routinely available through national and statewide surveys, such as the Behavioral Risk Factor Surveillance Survey (BRFSS), the National Health Inventory Survey (NHIS) and the National Health and Examination Survey (NHANES), they are not generally designed to provide information at the local (e.g. county, city or neighborhood) level, where they could be most useful in planning and shaping health policies and interventions.

Recently, public health agencies and social epidemiologists have begun to monitor the health status local populations through surveys. For instance, the Centers for Disease Control and Prevention (CDC), which conducts the state-based health BRFSS survey, has designed the Selected Metropolitan/ Micropolitan Area Risk Trends (SMART) project to mathematically estimate prevalence proportions for smaller geographic areas. Others have conducted health surveys at the county level (e.g. LA County Health Survey); at the city level (e.g. New York NHANES); and at the community or neighborhood level (New York City Community Health Survey and Sinai's Community Health Survey in six Chicago communities). All of this has been pursued in response to the growing need for information about the health of local populations.

In an effort share experiences with those who have been involved in generating these local level data and with those who are interested in such data about their communities, we propose this Special Session. We hope to initiate a dialogue about both methodological issues (including limitations and challenges) and findings by examining surveys that have been conducted in different U.S. urban centers. For example, how have these surveys pursued information about pediatric asthma and what have they found? How about obesity and diabetes and their respective risk factors? What about smoking prevalence and attempts to quit? Etc.

At the conclusion of this proposed Special Session, the participants will be able to:

- Compare and contrast the methodologies and findings of these local area estimates;
- Understand the importance of local area health survey data and how they relate to existing data when profiling community health and targeting health promotion efforts;

- Discuss the relevance of health survey data for smaller geographic areas and/or sub-groups of a population in relation to examining disparities in health;

**Invited Panelists and Suggested Timeline (0-90 minutes)**

- 00-05 Steven Whitman, PhD, (agreed to be the moderator)  
 Director  
 Sinai Urban Health Institute  
 1500 S. California Avenue  
 Chicago, IL 60610  
 773.257.5661 Phone  
 773.257.5680 Fax  
[whist@sinai.org](mailto:whist@sinai.org)
- 06-20 Paul Simon, MD MPH, Cheryl Wold, MPH (agreed to participate)  
 Chief, Health Assessment  
 Office of Health Assessment and Epidemiology  
 Los Angeles County Department of Health Services - Public Health  
 213-240-7785  
 213-250-2594 (FAX)  
[psimon@ladhs.org](mailto:psimon@ladhs.org) and [cwold@dhs.co.la.ca.us](mailto:cwold@dhs.co.la.ca.us)  
<http://www.lapublichealth.org>
- 21--35 Lorna Thorpe, PhD (agreed to participate)  
 Health Disparities in NYC  
 NYC Department of Health and Mental Hygiene, Division of Epidemiology  
 125 Worth Street, Rm. 315, CN-6  
 New York, NY 10013  
[lthorpe@health.nyc.gov](mailto:lthorpe@health.nyc.gov)  
[Disparities@health.nyc.gov](mailto:Disparities@health.nyc.gov)
- 36-50 Ali Mokdad, PhD (agreed to participate)  
 Branch Chief, Behavioral Surveillance Branch  
 CDC Epidemiologist  
 CDC/NCCDPHP/DACH  
 4770 Buford Highway, NE, MS K66  
 Atlanta, GA 30341-3717  
 770.488.2524 Phone  
 770.488.8150 Fax  
[ahm1@cdc.gov](mailto:ahm1@cdc.gov)
- 51-64 Ami M. Shah, MPH and colleagues (Organizers)  
 Mount Sinai Hospital, K-439  
 Sinai Urban Health Institute  
 1500 S. California Avenue  
 Chicago, IL 60610  
 773.257.6569 Phone  
 773.257.5680 Fax  
[shaam@sinai.org](mailto:shaam@sinai.org)
- 65-90 Discussion/Question and Answer – Led by the Moderator, Dr. Whitman



**Abstract 2**

**Title:** HIV Testing Practices and Attitudes on Prevention Efforts in 6 Racially and Ethnically Diverse Community Areas.

**Authors:** Allgood, K; Silva, A; Shah, A; Whitman, S.  
Sinai Urban Health Institute, Mt. Sinai Hospital, Chicago, IL.

**Background:** HIV prevention funding is dispersed at the local level according to need. Yet, limited data is available at the local level that assesses HIV testing practices and knowledge or attitudes about HIV prevention efforts in schools and communities.

**Methods:** A comprehensive health survey was conducted in 6 racially and ethnically diverse community areas (CA) in Chicago. One goal was to determine HIV testing practices in those CAs and to understand their views on HIV prevention efforts.

**Results:** Across the 6 CAs, the proportion that ever tested for HIV ranged from 40% to 75%. Of those tested 21-48% had been tested in the last 12 months. Residents in these communities also favored: needle exchange programs in their communities (59%-77%), the distribution of HIV information in high schools (HS) and elementary schools (ES) (83%-94%), and the distribution of condoms in HS (69%-92%). However, attitudes were less favorable regarding pharmacies selling clean needles (37-55%) and ES distributing condoms (21%-65%).

**Conclusion:** The adults in these 6 CAs are 2 to 4 times more likely to have ever been HIV tested and tested recently than adults nationally (according to the NHIS and BRFSS surveys). Residents in these communities strongly favor local initiatives to help prevent the spread of HIV in their communities, namely needle exchange programs, condom distribution in HS, and HIV prevention information distribution in schools. These data also highlight the need for more local level data regarding testing practices and attitudes towards prevention efforts to help plan HIV prevention initiatives.

**LEARNING OBJECTIVES:**

After completion of this activity, participants will be able to:

- 1) Recognize the varying levels of HIV testing rates at the community level.
- 2) Recognize the communities' attitudes regarding HIV prevention programs.
- 3) Recognize how data on HIV testing rates and attitudes regarding HIV prevention at the community level can be used to guide policy and prevention efforts.

**Abstract 3**

**Title:** Levels of Physical Activity in Six Diverse Communities in Chicago

**Authors:** Allgood, K; Silva, A; Shah, A; Whitman, S.

**Abstract:**

Modest amounts of physical activity (PA) may have substantial health benefits. Even small increases in PA have been shown to improve risk factors for chronic illness such as obesity, heart disease and diabetes, to name a few. Nationally, 59% of Americans are overweight or obese, and about 52% of adults are not engaging in even moderate PA. While the need to combat obesity and better control chronic diseases is paramount, efforts are hindered by the lack of community level data.

A comprehensive health survey was implemented in six racially/ethnically diverse community areas in Chicago. Face to face interviews were completed with 1,699 adults from randomly selected households. One goal was to determine the proportion of adults engaging in moderate PA to provide important policy considerations for local initiatives.

The survey reveals that approximately 33% of the respondents are meeting the moderate recommendation for PA compared to 47% nationally. Rates of PA ranged from 15%-36%. In a mostly Mexican community, only 15% are meeting this recommendation. In general, in areas where we found high proportions of overweight/obese adults, we also found low levels of activity. Finally, the moderately active respondents were less likely to report fair/poor self-rated health than the sedentary respondents, 29% and 43%, respectively.

Our presentation will examine the levels of physical activity in these communities compared to those in the US, present rates of inactivity and the barriers communities face in being active, and explore PA in the context of the obesity epidemic in these communities.

**Learning Objectives:** 1) Recognize the need for community level data to determine underlying causes of risk factors associated with geographic health disparities; 2) Present variations in levels of physical activity compared to Chicago and national averages; 3) Understand the importance of the social and environmental context of health in developing effective interventions and improved policies to combat obesity and other chronic conditions in minority communities.

## **ARTHRITIS FOUNDATION ACTIVITIES**

### People with Arthritis Can Exercise (P.A.C.E.)

This is an exercise-based program designed specifically for individuals with arthritis that uses gentle activities to help increase joint flexibility, overall stamina, range of motion and helps to maintain muscle strength. Hour-long classes are generally held one to three times per week with a class series usually lasting eight weeks. We will train individuals to teach PACE in North Lawndale, and offer classes at local churches, exercise facilities, and nursing homes.

### The Arthritis Self-Help Course (A.S.H.C.)

This course is a group education program designed to help people learn and practice the different skills needed to build their own individualized self-management program, and gain the confidence to carry it out. Each session is two hours long and lasts six weeks. We will train people in ASHC (training is on March 3-4) and have courses offered at churches, libraries, and nursing homes.

### **Public Forums**

Public forums consist of educational seminars reaching 75-100 people each led by rheumatologists, orthopedic surgeons, physical therapists, pharmacists, and other health professionals. The goal is to educate patients and family health care practitioners in North Lawndale and to answer their questions. The Arthritis Foundation would like to work together with staff members of the Sinai Urban Health Institute to offer three such forums in North Lawndale, including one for the public led by health professionals; one professional education program designed for primary care providers; and one public forum related to exercise and offered in partnership with the community's legislators.

### **Arthritis Education Curriculum**

The Arthritis Awareness curriculum was designed for 3<sup>rd</sup>-6<sup>th</sup> grade students. The curriculum teaches students about arthritis while addressing issues such as disability awareness, character education, and how to stay healthy (nutrition, exercise, stretching, joint injury protection). Students learn songs, make posters, practice stretches and complete activities as part of the program during the hour and a half that it takes to complete. The chapter has conducted similar programs to help raise awareness to disabilities, and would like to implement this curriculum in elementary schools in the North Lawndale neighborhood.

### **Awareness Campaign**

Implementing the Centers for Disease Control-designed awareness campaign would entail providing bookmarks, brochures and posters promoting physical activity to area businesses, community organizations, physician offices and churches. Besides the distribution of materials, advertisements

listing tips on how to become more physically active and information about upcoming Arthritis Foundation programs and services will be placed in the local newspaper, North Lawndale Community News.

**Appendix 7**

Insert Media Clippings Here

See inserts for Asthma Action Plan and American Lung Association Press Kit

See inserts on Sinai Obesity Summit

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**Appendix 8**

Insert City Council Meeting Agenda and Health Summit Agenda

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**Appendix 9**

Insert Financial Reports #1-3